



מסכת אבות פרק ד משנה א: "איזהו מכבד?"



The Mishna:

Avot 4:1

Ben Zoma said:
Who is he that is honored?
He who honors his fellow human beings
as it is said: "For I honor those that honor Me,
but those who spurn Me shall be dishonored"
(Samuel I 2:30).

המשנה:

אבות ד, א

"בן זומא אומר:
...איזהו מכבד?
המכבד את הבריות,
שנאמר: "כי מכבדי אכבד ובזי יקלוי"
(ש"א ב, ל)

A short explanation on the Mishna:

A respected person is usually defined as someone who is respected by others. But this kind of respect is often external respect, because social constraints make people respect others outwardly, and not in their hearts.

The Mishna explains that a respected person is actually the person who respects others, because people generally feel true appreciation and respect towards people who respect others.

(Based on the commentary by Rabbi Adin Even-Israel Steinsaltz on Pirkei Avot, p. 200, Courtesy of The Steinsaltz Center)

Level 1

- **Revision.** of the Mishna with hand movements.



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- **Learning the source and questions.** People will treat you the way you treat them – on relationships between people. (On the students' worksheet)
- **Experiment.** Try to smile at the people you meet in the next few days and you will see that they smile back at you even more!

Try yawning next to people, and you'll see that they yawn too!

[Click here to read the article](#)

There is research that proves this!

Level 2

- **Class discussion.**
 - ❖ Think – who are the people that you generally respect in your community.
(a president, king, rich or famous person, parents)
 - ❖ Who are the people that the Mishna is talking about?
(According to the Mishna, anyone can be a respected person)

